

HOLIDAY 2008

## Dear Friends & Members of the Lamb Family,



Lamb Foundation Director Donna Mengel with the youngest members of her family: from left, Bruin, 12, Joseph, 7, Maude, 12, husband Dan, Blue, 10, and Donna.

As the Lamb Foundation grew past the 200-resident milestone this year, we became the largest provider of private housing for adults with developmental disabilities in Montgomery County. Quite frankly, the sheer number of people we support and our costs boggle our minds as well as our budget.

To accommodate the dramatic growth, we moved our Sweet Repeats Thrift Shop to our much larger warehouse around the corner on Walnut Street and rented our prime Main Street space to a restaurateur. We hired new staff to support 30 additional residents, expand recreational activities, and create more job training and volunteer opportunities for residents. We also restructured our food sourcing and distribution.

### Oh, How Our Families Grow

On a personal note, Dan and I reluctantly, but proudly, sent our son Dan, Jr. off to join the U.S. Marines in June. He was our fifth child to leave the nest, although we are blessed to have our adult children living nearby: Bobby, Brick, Dane, and Fawn. Within a month, we welcomed two new children to our brood, lest we ever become empty nesters. Maude, 12, and Joseph, 7, tugged at our hearts during a missionary visit to Liberia in 2007, when we began the year-long process to adopt and bring them to our home in North Wales on July 24, 2008.

(continued on page 4)

114 North Main Street  
North Wales, Pennsylvania 19454  
Phone: 215-699-5600  
Fax: 215-661-8825  
Email: [info@lambfoundationpa.org](mailto:info@lambfoundationpa.org)

## A Family of 200 Members

The Lamb Foundation is like a family in many ways, and running a 200-member family means large financial costs that rise every year.

This year was no exception. With the increasing costs of fuel oil, utilities, and food, the Lamb Foundation needs your support more than ever to help us stretch our resources to provide residents with warm, secure homes and meaningful lives.

### A Month in the Life of Lamb

Ever wonder what it's like to be a part of a large family? Here's your chance to find out—see page 2 for a snapshot of some of our average monthly costs.



Jackleen S. enjoys a late-summer picnic with other Lamb Residents, complete with dancing, a petting zoo, and picnic fare.

(continued on page 2)

# Lamb Opens New Food Cupboard



## Cornucopia Cupboard



As the U.S. and local economy changes and the cost of living increases, more people rely on the services of food cupboards—and our local food cupboards are feeling the strain. Our response to changing times is Cornucopia Cupboard.

Because many Lamb residents qualify for food cupboard services, and we have lots of space at our new Sweet Repeats location, we recently launched the Lamb Foundation Cornucopia Cupboard. Open to qualifying Lamb residents and the general community, the registration list already makes Cornucopia Cupboard the fourth-largest food cupboard in Montgomery County.

“The food cupboard is one of the ways we can help many of our residents obtain low-cost nutritious food, and it’s also a way for the Lamb Foundation to give back to the local community,” says Donna Mengel, Lamb Foundation Director.

### How Cornucopia Cupboard Operates

The Lamb Foundation Cornucopia Cupboard receives food for distribution from the Montgomery County Community Action Development Commission’s (CADCOM) Food Resource Center, and also accepts donations from food drives and individuals. Cornucopia Cupboard then distributes the food to individuals and families who qualify, based on income guidelines, at the Sweet Repeats Thrift Shop on second and fourth Tuesdays each month from 10 a.m. to noon.

Individuals and families must meet federal income guidelines to receive food from Cornucopia Cupboard. Applicants may obtain federal guidelines and an application from the Sweet Repeats Thrift Shop.

### Cornucopia Cupboard Hours of Operation

Second and fourth Tuesdays  
10 a.m. to noon

At the Sweet Repeats Thrift Shop  
499 East Walnut Street  
North Wales, PA 19454  
215-661-8800

### A Family of 200 Members *(continued from page 1)*

#### AVERAGE MONTHLY COSTS

OIL	\$6,500	FOOD	\$12,300
ELECTRIC AND GAS	\$9,020	TRASH REMOVAL	\$2,000
WATER AND SEWER	\$5,530	PHONE AND CABLE	\$3,300

We hope that you will consider contributing to the Lamb Foundation this holiday season. Your gift will make a real difference in our ability to continue providing the homes, meals, care, and love to the senior citizens and mentally and physically disabled residents in our care. On their behalf, we thank you and we wish you the best of health and happiness in the new year.



*A Thrift Shop for Women*

**SAVE 20%**

**On your next total purchase at Sweet Repeats!**

This coupon is good for a one-day total purchase through June 30, 2009. Coupon may not be combined with other promotions or special sale days.

**We now take all major credit cards.**

Sweet Repeats Thrift Shop  
499 East Walnut Street (5th Street & the Railroad),  
North Wales, PA 19454

Phone: **215-661-8800**

Hours: Monday to Friday: 10 a.m. to 6 p.m.

Saturday: 10 a.m. to 4 p.m.

Sunday: We Honor the Sabbath

## Donation Guidelines

### Clothing, Household Donations, and Furniture Drop-off

Sweet Repeats

499 East Walnut Street (5th St. & Railroad)

North Wales, PA 19454

215-661-8800

Please pull up to the loading dock on the Fifth Street side of the building. Visit the Donations page of our Web site for a list of items we need most.

Hours:

**Monday to Friday:** 10 a.m. to 6 p.m.

**Saturday:** 10 a.m. to 4 p.m.

**Sunday:** We Honor the Sabbath

### Food Donations

Donations to the Lamb Foundation Cornucopia Cupboard can also be made at Sweet Repeats during business hours. Tax receipts are available upon request.

### Financial Donations or Volunteer Opportunities

Please call Marianne Messina at 215-699-5600 or email Donna Mengel at [DonnaMengel@lambfoundationpa.org](mailto:DonnaMengel@lambfoundationpa.org).

*Please note: If you give to Lamb, we will not sell or give away your name or contact information.*



Sweet Repeats sorters (standing, left to right) Erlinda, Naomi, and Lelise, with Laurie, a greeter.

## Sweet Repeats Move Creates Revitalization and “Ewe Work” Training Program

Our new Sweet Repeats Thrift Shop location at 499 East Walnut Street has created plenty of pedestrian traffic on the street and business activity at the train station and the Wawa Triangle Revitalization Area in North Wales.

In addition to attracting more bargain hunters with an eye for gently used clothing and home furnishings, we have donors and participants visiting the Cornucopia Cupboard, hopping across the street for haircuts and styling at HairDaze, and heading up the street for coffee,

*(continued on page 4)*



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## Dear Friends & Members of the Lamb Family *(continued from page 1)*

Maude and Joseph's lives in an orphanage never included plumbing, electricity, or healthy food—let alone our fascinating aerosol spray bottles and cans. We can't recommend Clorox or Formula 409 as perfume! This summer was quite the adventure keeping them safe as they happily explored every convenience that an American home offers.

Now we curl up each night with a family nest of four children in elementary school: Maude, 12, Bruin, 12, Blue, 10, and Joseph, 7, all students in the North Penn School District.

### **A Supportive Home Environment**

The Lamb Foundation has always been familial in nature. We started 22 years ago in our family's home, providing for three senior women who were homeless. Today, with 200 residents and 58 homes, the Lamb Foundation still provides the same warm, affordable, family style of living that we created for our first home. We serve a diverse mix of individuals from 23 to 93 years of age, some struggling with mental, physical, or developmental disabilities. Some are afflicted with the disability of poverty. Many were born disabled. But for most of our residents, an unfortunate circumstance forced them to face an unknown future with a disability years after they had established families, careers, and traditional success. Residents are referred to Lamb Foundation from every conceivable walk of life.

We share our stories here because we are blessed in so many ways by the lives we change—and our residents clamor for new issues to see if they are featured! If you want to see your gifts help change lives, we welcome your tax-deductible contributions.

Sincerely,



Donna L. Mengel

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## **Sweet Repeats Move Creates Revitalization and “Ewe Work” Training Program**

*(continued from page 3)*

a meal, or shopping along Walnut and Main Streets—all within easy walking distance of Sweet Repeats.

Also, our new, larger Sweet Repeats Thrift Shop with handicapped accessibility has enabled us to create the Ewe Work Job Training Program. This 10-month training program provides job training opportunities to our residents for future employment in:

- **Sales, display, and marketing**
- **Shop housekeeping**
- **Recycling**
- **eBay listing, packaging, and shipping**
- **Shop light maintenance**
- **Greeting and Customer Service**

Satisfactory completion of this program will qualify our residents for positions at Sweet Repeats. Future Ewe Work job training programs will be offered in 2009 within the Residential, Maintenance, and Housekeeping departments of the Lamb Foundation. We will encourage residents who complete the job training program to apply their new skills in positions outside the Lamb community, as well.

## Eye on Ewe

*In each newsletter, we introduce you to one staff member and one resident, each of whom helps make Lamb a unique, supportive family.*

### Vicki DeMarco Schumann Fulfilled by Teaching Art to Lamb Residents



Vicki DeMarco Schumann

Painting a mural with Lamb residents is now part of a typical day for Artist Vicki DeMarco Schumann, arts and crafts teacher for the Lamb Foundation. Her love for painting began when she was young, and continued during careers in advertising and textile design. Now she's an accomplished artist with many juried art shows under her belt, and she's delighted to share her passion for art with Lamb residents.

Vicki donates a percentage of her artwork sales to the Lamb Foundation. Her bright, cheerful, folk art style paintings have been featured in many art exhibitions, galleries, and museums in the Philadelphia area, and are owned by about 400 private art collectors nationwide.

In addition to her financial gifts, she shares her love of art by teaching art classes at Lamb. "I just love the people here—they have such good hearts and souls," Vicki says. "I prayed for something like this to happen to me—a job involving such great people."

Vicki is also leading the painting of a series of murals she designed for the walls of the Ewes Mews Clubhouse. "It brings me joy to help people feel that they are contributing to themselves and their environment, making things more beautiful," Vicki says. The murals depict the four seasons, with fall currently underway.

Vicki holds a Bachelor in Fine Arts from the Tyler School of Art at Temple University and teaches children's art classes at Chesterbrook Academy.

### Successful Writer Jim Morris-Lee Keeps Getting Published

Jim Morris-Lee was the hard-working owner of an advertising agency and a publishing company when two strokes sidelined him from the workforce in 2005. Jim had enjoyed publishing nonfiction books, writing business-to-business marketing campaigns for technology companies, and creating Web sites. Now he faces new challenges and perseveres with the wit and dry humor of a seasoned, creative writer.

Despite a limited field of vision and difficulty with short-term memory, Jim writes articles for regional lifestyle magazines Bucks Magazine and Nouveau Delaware Valley Magazine. His interests in art, architecture, and design motivate him to keep writing, and the practice is helping him see improvement. A true writer, Jim is always thinking about his next topic—whether he's walking around town or playing the guitar.

Jim recently finished writing a book of poetry, entitled "Assessing the Damage," and is looking for a publisher. He's also considering attending graduate school. "I'm seeing enough improvement that if I keep improving at this rate, I think I'll be alright."



Jim Morris-Lee

PRSR STD  
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Permit #45  
Havertown, PA



114 North Main Street  
North Wales PA 19454



The Lamb Family is  
200 members and  
growing. See how  
we keep up with  
changes on page 1.

The Lamb Foundation provides supportive housing for 200 adults with mental, physical, and developmental disabilities in Montgomery County's North Penn community. Lamb Foundation living arrangements include 58 fully furnished apartments, studios, twins, and single homes. Many of the Victorian, Colonial, and Federal style homes are located on the Main Streets of North Wales and Lansdale, Pa.

## Anticipated Slate of Officers for 2009

### Lamb Council

- **Jennifer Smith**, President
- **Fawn Mengel Spurio**, Vice President
- **Pastor Jerry Smith**, Communications
- **Patricia Drumbheller**, Secretary
- **Anna Folk**, Treasurer

### Lamb Cabinet

- **Robert Lozinak**
- **Megan Carnes**
- **Lori Reinhard**
- **Sean Berger**

### Lamb Foundation Director

- **Donna L. Mengel**

### Lamb Community Advisory Board

- **Daniel Cheney**, Founder and Director of Danellie Foundation and former owner of Springhouse Corporation
- **Joanne Dhody**, Owner, Design Unlimited, Philadelphia
- **Jack Edling**, Principal, NorthWest Erectors
- **Joseph Evans**, RN, Staff Nurse for Hospice of the North Penn Visiting Nurses Association
- **Charles Hoefflich**, Chairman Emeritus, Uninvest Corporation of Pennsylvania
- **Marie Louise Jackson**, MA; Retired Director of Fourjay Foundation and HealthLink Medical Center
- **Robert Kulp**, Retired Owner, Robert Kulp Paving, Inc.
- **Pamela Learned**, President, Word Work Communications, Inc.
- **Greta G. Longenecker**, Retired Owner, Longenecker Funeral Home
- **Daniel O'Connell, Sr.**, Lamb Foundation General Counsel
- **Rev. William J. Rudolph**, Lamb Foundation Chaplain

## Lamb on the Web

Go to [www.lambfoundationpa.org](http://www.lambfoundationpa.org) to get a glimpse into what life at Lamb is like. You'll find our 20th Anniversary video advertisements and information on various programs, the activities calendar, and how to contact us. You can also download a resident application intake form.

Lamb Foundation is an approved eBay charity for Charity Works. Shop for unique items online at Sweet E Repeats: [stores.ebay.com/Sweet-E-Repeats](http://stores.ebay.com/Sweet-E-Repeats).

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