

Eye on Ewe

In each newsletter, we introduce you to one staff member and one resident, each of whom helps make Lamb a unique, supportive family.

Family is the Most Important Part of Patricia Soley's Life



Patricia Soley likes visiting with Lamb residents.

A visit to the zoo, picking pumpkins, or a game of chase with her 2-year-old granddaughter, Ashley, is enough to keep Patricia (Trish) Soley happy.

Of course she also enjoys her work at Lamb. Most of the time, Trish is running the eBay store, Sweet E Repeats, but she also has a chance to visit with residents when they come to the office. She likes to talk to them and find out what is going on in their lives, and she thinks the residents enjoy talking to her too, even if they're shy at first.

Trish remembers one woman who had never talked to her much. "Then one day, they came back from the Aquarium over the summer, and I asked her how it went," says Trish. "She went on and on."

With Lamb since January 2006, Trish has also gotten to know her coworkers well. "I feel like I've known Marianne and her sister all my life," says Trish, "and Jenn is just a sweetheart."

The feeling among the rest of the Lamb family is mutual. "We just love her!" says Donna Mengel, Lamb Foundation director.

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Joanne Vespertino has Deep Community Roots



Joanne Vespertino still loves her job of 18 years at McKeever's.

Joanne Vespertino's fills her days with phone calls with family, work at McKeever's Restaurant, going out with friend Wendy Levine, and a wide variety of hobbies.

Joanne's move to Lamb more than five years ago was an easy transition, because she had lived in the area since 1985.

Strong work and family ties

One day she had lunch at McKeever's. "I asked if they needed a dishwasher, and they said yes," says Joanne. Eighteen years later, she still loves the job. "They give me free lunch, the place

is clean, and the people that come in are very nice," she says.

One favorite activity is calling and visiting with her family. Joanne has two older sisters, Hillary and Anna; a son, James; and a 2-year-old granddaughter, Patricia. Joanne visited her son, daughter-in-law, and granddaughter in Telford until they moved to Taiwan in January. Now she buys phone cards and calls them whenever she can.

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114 North Main Street
North Wales PA 19454

Lamb residents work in, volunteer for, and access the local community, see pages 1 and 2.



The Lamb Foundation provides supportive housing for 160 adults with mental, physical, and developmental disabilities in Montgomery County's North Penn community. Lamb Foundation living arrangements include more than 40 fully furnished apartments, studios, twins, and single homes. Many of the Victorian, Colonial, and Federal style homes are located on the Main Streets of North Wales and Lansdale, PA.

Lamb Council

- Jenn Smith, President
- Linda McComas, Vice President
- Jeannie O'Donnell, Communications
- Fawn Mengel Spurio, Secretary
- Tom Sittler, Treasurer

Lamb Cabinet

- Mike Spenser
- Carole Ellis
- John Morrow
- Toni O'Connell

Lamb Foundation Director

- Donna L. Mengel

Lamb Community Advisory Board

- Daniel Cheney, Founder and Director of Danellie Foundation and former owner of Springhouse Corporation
- Joseph Evans, RN, Staff Nurse, Horsham Clinic; Health Care Coordinator, Lamb Foundation
- Charles Hoefflich, Chairman Emeritus, Uninvest Corporation of Pennsylvania
- Mary Louise Jackson, Director of Fourjay Foundation and Healthlink Medical Center
- Robert Kulp, Robert Kulp Paving, Inc.
- Pamela Learned, President, Word Work Communications, Inc.
- Daniel O'Connell, Sr., Lamb Foundation General Counsel
- Rev. William J. Rudolph, Lamb Chaplain
- Jack Edling, Principal, Northeastern Erectors

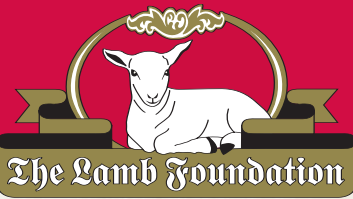
Lamb on the Web

Go to www.lambfoundationpa.org, to get a glimpse into what life at Lamb is like. You'll find information on what we offer and how to contact us, as well as a resident application intake form to download.

Lamb Foundation is an approved eBay charity for Charity Works. Shop Sweet E Repeats online items at stores.ebay.com/Sweet-E-Repeats.

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Ewes News



HOLIDAY 2006

Accessing the Community



Roberta Levy frequents many of the stores in downtown North Wales, including Betsy's Café.

Whether it is for a haircut, a new book, or a place to work out, Lamb residents love to get out and about in the community. Almost everything they need is a short walk or bus ride away. "The North Wales location allows for more independence," says Donna Mengel, Lamb Foundation director.

Local stores

Roberta Levy, Louise Alvare, and Christine Kriebel like to take advantage of the local stores.

"I like circulating and socializing with the store owners," says Roberta Levy. She walks to many of the stores in downtown North Wales regularly. "I like knowing the community I live in."

Louise and Christine take the SEPTA bus once a week to Montgomery Mall, a popular trip for many Lamb residents. Louise and Christine's favorite stores include fye – For Your Entertainment, and Borders Express, and, of course, no visit to the mall is complete without a stop at The Pet Shop to play with the animals.

Sports & fitness

Michelle Hills, Michelle Viney, and Susan Heavener each keep fit in their own way. Michelle H. loves her gym, Curves. "The people there are nice and friendly," she says.

Michelle V. prefers the YMCA. She likes to swim and tries to get there three times a week to exercise and train for soccer in the Special Olympics. She injured her ankle last year, but going to the gym

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114 North Main Street
North Wales, Pennsylvania 19454
Phone: 215-699-5600
Fax: 215-661-8825
Email: info@lambfoundationpa.org

Help Support the Lamb Community

All of us have so much to be thankful for, and the holidays are a special time to count our blessings of family and friendship. Throughout the years, our Lamb Foundation family has been blessed, encouraged, and supported by many friends like you who can see the value of our work in the lives of our residents. For this we are especially thankful.

As you know, Lamb Foundation is a tax exempt, non-profit organization that depends upon grants and donations to continue its mission of providing safe, affordable, and attractive homes for senior citizens and disabled adults who need homes. We have been able to expand our program to serve more than 160 residents this year. We have also concentrated on enhancing the social and recreation portion of our program with three sessions of summer camp, more excursions, picnics, dances, and several Bible study groups.

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Working in the Community



Bill Perry enjoys his job at Genuardi's Supermarket.

Many Lamb residents fill their days by working and volunteering in the community. Some work at Lamb's Sweet Repeats Thrift Shop, and many more have found other jobs in the area.

Brendan, Bill, and Suzy like their customers

Brendan Creamer and Bill Perry both work part-time at Genuardi's Supermarket. Brendan works in the seafood department, while Bill describes himself as a "Jack of all trades." During a shift he will mop, bag groceries, get carts, and whatever else is needed. Both enjoy seeing the customers. "You have your regulars. You get to know them, and that's nice," says Brendan.

While Brendan very much enjoys his work at Genuardi's he's interested in getting back into the pharmaceutical industry, he had previously worked in sales.

Suzy has worked for Normandy Farms as a server for about three years. When asked what she liked most about the job, she says it is the customers, "I've gotten to know them."

Encouraging others to work

Brendan, Bill, and Suzy, encourage other Lamb residents to apply for a job in the community. "I would think they would like working at Normandy Farms," says Suzy.

Bill feels very strongly that everyone should get a job. "It's convenient, close, and breaks up the monotony of the day," he says.

Brendan recommended Genuardi's to a roommate, but it's not the only place to work. "There are a lot of jobs that can be done," says Brendan.

Lamb residents also volunteer

Not all work done by Lamb residents is for pay. Steven Santa Maria has a job at Timberlane Woodcrafters, but also volunteers for the North Penn Volunteer Fire Company in North Wales.

Susan Heavener volunteers to clean up at the historic Walnut Street Cemetery. "I pick up branches that fall from the trees," says Susan. She's also been trying to find a special spray to clean the headstones to make them readable.

Accessing the Community (continued from page 1)



Michelle Hill does a complete work out at Curves regularly.

regularly, hopes to play with her old team, Soccer Rocks, next year.

Warmed by her "Lamb" white fleece coat, Susan walks around the town for 1/2 hour to 2 hours everyday! She likes walking the paved area in Upper Gwynedd Park and over the summer, she walks to the pool to swim. "My father used to walk a lot too," says Susan. "Maybe I picked it up from him."

Other popular locations

An avid reader, Rosemary Crosgrove loves to check out books on computers, math, animals, entertainment, and language from the North Wales Library. When she has a little extra money, she'll buy newspapers and magazines from another popular spot for Lamb residents, Genuardi's Pharmacy.

Other frequented locations include Family Worship Center, HairDaze Salon, Tony's Pizza, and Betsy's Café. We are grateful to be in such a great small community that is so accessible through walking and reliable public transportation.



SAVE 20%

Off your next total purchase at Sweet Repeats!

This coupon is good for a one-day total purchase through June 30, 2007. Coupon may not be combined with other promotions or special sale days.

Sweet Repeats Thrift Shop
115 South Main Street, North Wales, PA 19454
Phone: **215-661-8800**

Hours: Monday to Friday: 10 a.m. to 6 p.m.

Saturday: 10 a.m. to 4 p.m.

Sunday: We Honor the Sabbath

Seeking Candidates for the Lamb Cabinet

The Lamb Cabinet, along with the Lamb Council, plans various activities throughout the year for Lamb residents. In January we will be holding an election to reorganize the cabinet with some fresh faces and new ideas. Three men and three women will be elected to form the new Lamb Cabinet. Residents and staff who are interested in running should contact the Lamb Foundation offices, 215-699-5600.

Help Support the Lamb Community (continued from page 1)

Fuel costs affected Lamb budget this year

This has also been a year of challenge. As is the case with all charities across the country, some of the traditional sources of grants and gifts to Lamb Foundation have cut back on their donations. With unprecedented increases in fuel oil and utility costs, Lamb Foundation needs your support now more than ever as we stretch to meet the expenses of providing warm, secure homes for our residents.

We hope that you will consider contributing to Lamb Foundation this holiday season. Your gift, this year more than ever, will make a real difference in Lamb Foundation's ability to continue providing the homes, meals, care, and love to the senior citizens and mentally and physically disabled residents in its care. Your donation is a tangible investment in the quality of life of more than 160 Lamb Foundation residents.

On their behalf, we thank you and we wish you the best of health and happiness in the New Year.

Donation Guidelines

Clothing and Household Donations Drop-off:

Sweet Repeats
115 South Main Street
North Wales, PA 215-661-8800

Hours:

Monday to Friday:

10 a.m. to 6 p.m.

Saturday:

10 a.m. to 4 p.m.

Sunday:

We Honor the Sabbath

Food and Furniture Donations:

Call 215-699-5600 or email
MarianneMessina@
lambfoundationpa.org for pickup
or delivery.

Financial Donations or Volunteer Opportunities:

Please call Donna Mengel at
216-699-5600 or email
DonnaMengel@lambfoundationpa.org.

Please note: If you give to Lamb, we will not sell or give away your name or contact information.

20th Anniversary Committee Forming



Lamb Foundation will celebrate its Twentieth Anniversary in September 2007. Such an event calls for a big celebration, and planning begins now. We are currently looking for volunteers to join our Twentieth Anniversary Celebration Committee. If you'd like to help us plan, or would like to donate to the event, please contact Jennifer Smith at the Lamb Foundation offices, 215-699-5600.

Family is the Most Important Part of Patrica Soley's Life (continued from page 5)

A loving family

After work, Trish heads home to Telford and spends time with her husband Scott. She also looks forward to visits from her daughter, Beth; son-in-law, Mike; and granddaughter. "That's most of my life right there," says Trish.

When not spending time with her family or working at Lamb, Trish enjoys crossword puzzles, watching science shows, and reading the Bible and related books.

Joanne Vespertino has Deep Community Roots (continued from page 5)

Plenty of hobbies

Joanne also fills her hours crocheting blankets and cigarette cases; working on her stamp book collection; reading biographies, currently Sigmund Freud's autobiography; listening to all types of music; and writing. She is proud of her writing and some is printed below.

Music in the Sky

People dancing in the Sky,

Candy falling from the Sky,

Snow falling from the Sky,

Glass stars falling from the Sky.

The Lord

In the Sky

Trumpets

Sounding

In the Sky

when he

comes back

for us.

Christmas time

Oh what a Joy

The Lord Born

Children are happy

Old Men are

Drinking some

Rum. The whole

World Rejoice

on Christmas day

If you're Sad on Christmas day

What a Crimp

Keep on truckin'

